



THE FOREST

LET'S GO!



INFORMATION BROCHURE

Just 45 minutes from Nairobi, near Limuru, in the Kereita Forest there are a wide variety of activities on offer, ranging from high adrenaline to tranquil absorption of the surrounding nature



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RATES 2018

Open from 8:30am to 5:30pm Closed on Mondays except on Public Holidays



THE FOREST RESTAURANT

Spectacular views over the valleys, while you enjoy local grown healthy food to match all budgets

ACTIVITY	DURATION	PRICING pp in KSH	
		ADULT	CHILD (12yrs or less)
BOOKING IS ESSENTIAL			
	FLYING FOX ZIP TOUR*	2 hours / 2.2 kms / 6 lines	2,800
	Glide over the canopy at heart racing speeds. *TO PARTICIPATE: Minimum height requirement is 1.4m (average 9yr old). Maximum weight limit is 115kgs.	45 min / 750m / 2 lines	1,800
	MOUNTAIN BIKING – LIMITLESS OUTDOORS	1 hour	800
	Rent and ride through The Forest	2 hours	1,000
	Bring your own bike to The Forest	Full Day	2,000
	PAINT BALLING	1 hour	1,500
	100 paint balls to blast away		
	Additional 50 paintballs at	500 /-	
	ARCHERY	1 hour	1,000
	Learn the skills of true marksmanship - Warning: can be addictive!		
	GUIDED NATURE WALKS	1 hour	300
	Inspiring and informative - a guide leads you through The Forest and it's secrets.	2 hours	500
		Full day (min. 5 people)	1,200
	Signposted self-guided trail	1 hour	0
	FLY FISHING	Full Day	2,000
	Catch rainbow trout on the Gatemayo River Includes license & guide, bring own equipment.		1,500
	TREE PLANTING	Per Tree	250
	Give back to the future by planting an indigenous tree.		250
	FUN DAY FROM +10 PEOPLE	Full day	starting from 5,500pp
	Experience a range of our activities and 1 meal with a group of workmates and friends.		
	FOOTGOLF NEW!	1 hour	500
	16 hole course in The Forest		400
		Minimum 2 pax per game	
	HORSE RIDING NEW!	1 hour	2000
	The Forest on horse back WOW!!		1500
	CAMPING NEW!	Ksh. 1,000	Ksh. 1,000
	Enjoy star-lit nights at The Forest Firewood and non drinkable water provided	For the guard	per person
			Ksh. 500 (Under 4yrs Free)
	CHILDREN'S PLAYING GROUND	*MPESA AND CARD PAYMENTS ONLY	
	Lots of fun for all ages	*TICKETS ONCE ISSUES ARE NON-REFUNDABLE	
		*ACTIVITES MAY BE AFFECTED DUE TO ADVERSE WEATHER	
		*ALL ACTIVITIES MUST BE PAID FOR IN FULL AND BE ISSUED WITH A TICKET	



TEAM BUILDING

Packages designed to your organisation's specific needs

Contact us for more information

IMPORTANT FOR ALL ACTIVITIES

Appropriate clothing to be worn: Suncream, out-door shoes, trousers(no-skirts), hats, warm and rain proof clothing. Reasonable standards of fitness are required. The Forest is at an altitude of 2,500. **Picnics not allowed.**

FOR BOOKINGS PLEASE VISIT www.theforest.co.ke

For general enquiries, information, group bookings and Team-building packages please email:

info@theforest.co.ke or call +254 (0)711 11 22 33






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WEEKDAY SPECIALS



VALID ON WEEKDAYS ONLY - NOT VALID ON WEEKENDS AND PUBLIC HOLIDAYS

BOOKING IS ESSENTIAL


CALL 0711 11 22 33 TO MAKE YOUR BOOKING






A
Ksh. 3,000
2 Ziplines (1hr)
Mountain biking (1hr)
Lunch + bottle of water



B
Ksh. 3,000
2 Ziplines (1hr)
Archery (1hr)
Lunch + bottle of water




C
Ksh. 3,000
Ziptour: 6 lines (2hrs)
Lunch + bottle of water



D
Ksh. 3,800
2 Ziplines (1hr)
100 Paintballs (1hr)
Lunch + bottle of water



E
Ksh. 3,800
Archery (1hr)
Mountain biking (1hr)
100 Paintballs (1hr)
Lunch + bottle of water



F
Ksh. 4,300
2 Ziplines (1hr)
Archery (1hr)
100 Paintballs (1hr)
Lunch + bottle of water



G
Ksh. 2,500
Nature Walk
2 Ziplines (1Hr)
Lunch + bottle of water



H
Ksh. 2,000
Archery (1Hr)
Nature Walk
Lunch + bottle of water



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TEAM BUILDING

TEAM BUILDING 1.5 HRS: Ksh. 1,500

TEAM BUILDING 3 HRS: Ksh. 2,500

IMPORTANT

We seek a clear understanding of your organisation's mission and vision. This assists in developing shared goals through focusing on the team's ability to achieve and sustain high performance. Team building is a necessary companion to the operational and programmatic efforts of organizational capacity.

PACKAGES

ENHANCING TEAM BUILDING: Ksh. 7,000

- Team Building (3 hours) - 2 Ziplines - Paintball 100 balls - Morning tea and snacks
- Bottle of Water - Barbeque Lunch - Afternoon tea and snacks - Tree Planting

STANDARD TEAM BUILDING: Ksh. 4,400

- Team Building (1.5 hours) - 2 Ziplines - Tree Planting - Morning tea and snacks
- Barbeque Lunch - Bottle of Water

GROUP FUN DAY

FUN DAY: Ksh. 5,500

- 2 Ziplines - Archery - Paintball 100 balls - Tree Planting - Mountain biking relay
- Morning tea and snacks - Bottle of Water - Barbeque Lunch

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Treasure those wonderful moments shared with family and friends at The Forest

15 Photographs

Ksh. 1,500

30 Photographs

Ksh. 2,500

70 Photographs

Ksh. 5,000

Enquire at the reception for professional photographers to capture your every moment while having fun!



www.theforest.co.ke



hello@theforest.co.ke



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